



## FINDING GUACAMOLE



*Jalisco Guacamole (courtesy photo)*

Get ready to guac and roll, because November 14th marks **National Guacamole Day!** Being in the heart of avocado country, San Diego is the ideal spot to be celebrating this delicious green fruit and the tasty guacamole it creates. There's no better place to be to sample a wide selection of guacamole dishes, so follow your appetite to these San Diego favorites that will guac your world!

Located in the heart of San Diego's Gaslamp district is [barleymash](#), a fun and high-energy downtown restaurant and bar that reminds patrons that life is meant to be sipped and savored, and good times should always be shared. Drawing from the

richness of American culture with its appetizing progressive bar fare, barley mash promises flavorful bites and sips for all who enter their doors. For a hearty, guac-loaded plate, try the **San Diego Iron Fries**, a mountain of French fries topped with red chili-braised short ribs, pepper jack beer-cheese sauce, sour cream, salsa fresca, and spicy guacamole that brings the heat.

Bienvenido à [Jalisco Cantina](#), the newest addition to Oceanside's eclectic food scene! Named for the picturesque region of Mexico that is home to the beloved blue agave plant, Jalisco specializes in creative handcrafted cocktails, delicious fresh food pairings courtesy of their 100% scratch kitchen, and a menu of uniquely made dishes and drinks that reflect a region and culture as vibrant as the Mexican sun. You can't go wrong with a starter of **Chips, Salsa & Guacamole**, with crisp and salty house made chips, flavorful salsa verde and spicy red chile salsa, and a bright green bowl of guacamole, complete with three avocados in each bowl, tart lime juice, and fresh chunks of pico de gallo!

Just seconds from the sand, hip and laid-back [Sandbar Sports Bar & Grill](#) is serving up savory snacks and ice-cold drinks by the beach. Found in the lively center of Mission Beach, Sandbar is your ideal after-the-beach pit stop, complete with an exclusive Sky Bar to enjoy your favorite frozen cocktail and tantalizing appetizers with San Diego's famous sunsets in the background. Grab your crew and attack a heaping plate of **Mission Nachos**, topped with mixed cheese, beans, salsa fresca, chorizo-cheese dip, sour cream, jalapeno slices, and fresh guacamole.

Stick to the classics with [Del Sur Mexican Cantina](#), South Park's ode to quality Mexican food and colorful culture. This kid friendly, vegetarian friendly, and even dog friendly eatery is taking on traditional Mexican fare with a healthy twist, along with a fantastic list of signature cocktails and margaritas. Get your guac fix and start your mouthwatering meal with an order of Del Sur's **Guacamole**, a large bowl filled with fresh chunks of avocado and tomatoes, cilantro, house pico de gallo, and a squeeze of lime!

Searching for authentic Mexican cuisine packed with personality and flavor? Look no further than [The Taco Stand](#), La Jolla's own family-owned taqueria inspired by the taco stands of Tijuana. This Mexican culinary experience promises to satisfy all of your south-of-the-border cravings, featuring family recipes, scratch-made guacamole and salsa, and handmade corn tortillas alongside top grade meats. If you're in the mood for a mountain of Mexican food, try the **Mar Y Tierra Fries**, loaded with grilled shrimp, flame grilled angus steak, fries, sour cream, gooey cheese, and a generous dollop of guacamole to top it off.

Holy guacamole, there's a lot of guac to eat. If you've got the appetite to match your passion for guacamole, check out this dream-worthy lineup of the best guacamole plates that San Diego has to offer in honor of National Guacamole Day!